

Shotokan Open Weekend Training Courses



Simon Williams 5th Dan



Paul Herbert 5th Dan ASK



Stephen Marriott 4th Dan



Keith Williams 4th Dan

SEKU

Kata Training Weekend

Clacton on Sea Essex

April 9-11th 2010

Open to all Grades, Associations & Individuals,
Simon Williams, Paul Herbert, Keith Williams & Stephen Marriott have joined forces to share their individual experiences, abilities and talents in Shotokan Karate, they have all trained between 25-30 years, giving you the opportunity to gain valuable understanding of Shotokan

For further enquiries & bookings visit

<http://shotokanopencourse.weebly.com/>

Or Email openshotokan@gmail.com

3 days training and Kata Competition

Accommodation at Highfield Grange Holiday Park

Activities Include Day time/evening entertainment for all ages, Kids Clubs, Swimming Pools indoor/outdoor. Bars-Restaurants and much much more!!!

Prices £60 pp

Just 3 Days

Training & Competition

(Does not include accommodation or Park facilities)

Prices £95 pp

3 nights accommodation at the Holiday park, full use of all Facilities, Training/Comp

Visit the website www.park-resorts.com

Park Resorts

